

THE PROPOSALS AT A GLANCE

1

Challenge

The experience of a father during pregnancy is different from that of the biological mother, and must be taken into account to better prepare fathers for parenthood.

Solution

Revise prenatal course content and fully include fathers in perinatal services (both pre- and postnatal).

2

Challenge

Fathers don't take advantage as much as mothers of the Québec Parental Insurance Plan (QPIP).

Solution

Increase parental leave for fathers to 8 weeks, offer greater flexibility in allowing the leave to be taken over a period of 2 years, and calculate benefits on family instead of individual income to reduce the impact of a difference of income between spouses on the sharing of parental leave.

3

Challenge

It is harder for fathers to take advantage of various measures favouring family-work balance without undergoing judgment or suffering prejudice.

Solution

Implement a public interest campaign promoting equal parenting, as well as support the adoption of better practices of family-work balance in the workplace, especially where it is predominantly male.

4

Challenge

Fathers often have the impression that family services offered by the health and social services network, the education system, and the family sector aren't geared enough toward them.

Solution

Issue clear ministerial instructions to adapt government as well as other collective services and practices to the realities of fatherhood.

5

Challenge

The father-child bond can be weakened following a separation.

Solution

Favour better accessibility to the family justice system and adjust Family Law to the issues facing today's families.
